

TAKE AWAY  
MENY

SUSHI  TERIA



**Knapstad 41222252**

**Langhus 41221452**



## ALLERGENER

|     |                |     |                                |
|-----|----------------|-----|--------------------------------|
| G ~ | Gluten (hvete) | SE~ | Sesam                          |
| F-  | Fisk           | E~  | Egg                            |
| SK- | Skalldyr       | M~  | Melk                           |
| S - | Soya           | N ~ | Nøtter (cashew ,<br>peanøtter) |
| B-  | Bløtdyr        |     |                                |

*Alle våre sushiretter serveres med Wasabi. Wasabi inneholder sennep.*

*Soyasaus inneholder allergener fisk, korn, hvete og svoveldioxid.*

*Glutenfritt soya inneholder soyabønner.*



# NIGIRI

1 stk / 1 bit

NIGIRI LAKS kr. 25,-

Allergener: F

NIGIRI TUNA/TUNFISK kr. 35,-

Allergener: F

NIGIRI SCAMPI kr. 35,-

Allergener: SK

NIGIRI KVEITE kr. 35,-

Allergener: F

NIGIRI KAMSKJELL kr. 40,-

Allergener: SK, B

NIGIRI AVOCADO kr. 22,-

NIGIRI WASABI kr. 45,-

KVEITE

Allergener: G, S, E, M, F



# FLAMBERT NIGIRI

1 stk / 1 bit

FLAMBERT LAKS kr. 30,-

Allergener: F, S, SE, E

FLAMBERT TUNA kr. 40,-

Allergener: F, S, SE, E

FLAMBERT SCAMPI kr. 40,-

Allergener: F, S, SE, E, SK

FLAMBERT KVEITE kr. 40,-

Allergener: F, S, SE, E

FLAMBERT KAMSKJELL kr. 45,-

Allergener: F, S, SE, E, SK, **B**



# HOSOMAKI

6 stk / 6 biter

LAKS

kr. 75,-

Allergener: F, SE

TUNA

kr. 80,-

Allergener: F, SE

SCAMPI

kr. 75,-

Allergener: SK, SE

AVOCADO

kr. 70,-

Allergener: SE

AGURK

kr. 70,-

Allergener: SE



# MIX MENYER

## 16 biter Mix Meny

kr 260,-

MAKI m/TEMPURA SCAMPI /  
8 BITER

NIGIRI LAKS / 5 BITER

NIGIRI SCAMPI / 1 BIT

NIGIRI KVEITE / 1 BIT

NIGIRI TUNA / 1 BIT

## 20 biter Mix Meny

kr 370,-

TEMPURA MAKI LAKS / 8 BITER

NIGIRI LAKS / 6 BITER

NIGIRI KVEITE / 2 BITER NIGIRI

TUNA / 2 BITER

“KOKKENS VALG” / 2 BITER

## 16 biter Mix Meny «Bare laks»

kr 240,-

SPICY MAKI LAKS / 8 BITER

NIGIRI LAKS / 8 BITER

## 30 biter Mix Meny

kr 490,-

SPICY MAKI KVEITE / 8 BITER

SPICY MAKI TUNA / 8 BITER

PHILADELPHIA MAKI / 8 BITER

NIGIRI LAKS / 2 BITER

NIGIRI SCAMPI / 2 BITER

NIGIRI KAMSKJELL / 2 BITER



### ALLERGENER:

Alle Mix menyer inneholder: G, F, SK, S, SE, E

30 og 64 biter Maki Mix menyer inneholder i tillegg: M

# MIX MENYER

## 32 biter Mix Meny

kr 490,-

TEMPURA MAKI LAKS /  
TEMPURA MAKI 8 BITER

CALIFORNIA / 8 BITER

SPICY MAKI LAKS / 8 BITER

NIGIRI LAKS / 4 BITER

NIGIRI SCAMPI / 4 BITER

## 50 biter Mix Meny

kr 780,-

DBL CRISPY SCAMPI / 8 BITER

SPICY MAKI LAKS / 8 BITER

SPICY MAKI TUNA / 8 BITER

MAKI m/TEMPURA SCAMPI /  
8 BITER

NIGIRI LAKS / 10 BITER

NIGIRI SCAMPI / 2 BITER

NIGIRI TUNA / 2 BITER

NIGIRI KAMSKJELL /  
2 BITER

NIGIRI KVEITE / 2 BITER

## 64 biter Maki Mix

kr 970,-

TEMPURA MAKI SCAMPI  
/ 8 BITER

CRISPY MAKI KYLLING /  
8 BITER

CHEDDAR MAKI / 8 BITER

SAKURA MAKI / 8 BITER

SPICY MAKI LAKS / 8 BITER

SPICY MAKI KVEITE / 8 BITER

MANGO MAKI / 8 BITER

TEMPURA CALIFORNIA MAKI  
/ 8 BITER



# MAKI 8 stk / 8 biter

## LAKS

Laks, avocado

kr. 130,-

Allergener: F, SE

## CALIFORNIA

Crabstick, avocado, agurk, masago

kr. 120,-

Allergener: F, SK, SE, E, G

## TEMPURA SCAMPI

Scampi, avocado

kr. 130,-

Allergener: G, SK, S, SE

## SPICY KVEITE

Kveite, agurk, chilimayones, vårløk

kr. 150,-

Allergener: F, SE, E

## SPICY LAKS

Laks, agurk, chilimayones

kr. 130,-

Allergener: F, SE, E

SPICY KAMSKJELL Kamskjell,

agurk, chilimayones

kr. 160,-

Allergener: F, SK, SE, E, B

## SPICY SCAMPI

Scampi, agurk, chilimayones

kr. 140,-

Allergener: F, SK, SE, E

## SPICY TUNA

Tunfisk, agurk, chilimayones

kr. 155,-

Allergener: F, SE, E

# FUTO MAKI 6 stk / 6 biter

## FUTO MIX MAKI

Tempura scampi, kremost, laks, avocado, agurk.

kr. 165,-

Allergener: G, F, SK, S, SE, M

## TEMPURA SCAMPI

Avocado, agurk, chilimayones.

kr. 160,-

Allergener: F, G, SK, S, SE, E



# TEMPURA MAKI

8 stk / 8 biter

TEMPURA VEGETAR Agurk,  
avocado, kremost  
Allergener: G, S, SE, M

kr. 140,-



TEMPURA CALIFORNIA

Crabstick, avocado, masago  
Allergener: G, F, SK, S, SE, E

kr. 150,-



TEMPURA LAKS

Laks, avocado  
Allergener: G, F, S, SE

kr. 160,-



CRISPY KYLLING MAKI Kylling,  
ingefær, chilimayones  
Allergener: G, F, SE, S, E

kr. 160,-



DBL CRISPY SCAMPI  
Scampi, avocado, chilimayones

kr. 160,-



Allergener: G, SK, S, SE, E

TACO KYLLING MAKI

Kylling, avocado, taco saus, taco krydder,  
tortilla chips, jalapeno emulsjon.

kr. 180,-



Allergener: G, S, SE



# FLAMBERT MAKI

8 stk / 8 biter

TARTAR MAKI Laksetartar, tempura scampi, masago, avocado, miso dressing, chilimayones.

Allergener: G, F, SK, S, SE, E

**Denne retten selges kun på Knapstad.**

kr. 180,-



BIFF MAKI

Biff, tempura scampi, avocado, fersk pepperot, sprøstekt løk, wasabi saus.

Allergener: G, F, SK, S, SE, E, M

kr. 225,-



TSUBAKI MAKI

Laks, agurk, kamskjell, sprøstekt løk, miso dressing.

Allergener: G, F, SK, S, SE, E, B

kr. 205,-



FLAMBERT KVEITE MAKI

Kveite, agurk, crabstick, avocado, masago

Allergener: G, F, SK, S, SE, E, G

kr. 190,-



FLAMBERT JALAPENO MAKI Laks, avocado, agurk, syltet jalapeno, jalapeno emulsjon.

Allergener: G, F, S, SE, E

kr. 190,-



FLAMBERT TUNA Tuna, tempura scampi, avocado, kimchinøtter, røkt unagi.

Allergener: G, F, SK, S, SE, E, N(Cashew)

kr. 195,-



# SPESIAL MAKI

8 stk / 8 biter

## LAKS OG CRUNCHY

Laks, avocado, chilimayones, crunchy.

Allergener: G, F, S, SE, E,

kr. 160,-



## SAKURA MAKI

Laks, tempura scampi, avocado, wasabi saus, crunchy.

Allergener: G, F, SK, S, SE, M

kr. 195,-



## GREEN CHIKEN MAKI

Tempura kylling, avocado, nøttdressing

Allergener: G,S,SE,E,NI

kr. 185,-



## RAINBOW MAKI

Laks, tuna, scampi, kveite, avocado, kamskjell, crabstick, lakserogn, agurk, masago.

Allergener: F,SK,S,SE,E,B,G.

kr. 195,-



GREEN RIVER MAKI Laks, wasabierter, wasabipeanøtter, agurk, chillimayones

Allergener: G, F, E,N(peanøtter)

kr. 175,-



## AVOCADO MAKI

Tempura scampi, avocado.

Allergener: G, SK, S, SE

kr. 175,-



## BAKT MAKI

Laksetartar, crabstick, masago, chilimayones, avocado.

Allergener: G, F, SK, S, **Denne retten selges kun på Knapstad.**

kr. 180,-



## TERIYAKI KVEITE

Tempura kveite, avocado, lakserogn, unagi saus.

Allergener: G, F, S, SE

kr. 190,-



# SPESIAL MAKI

8 stk / 8 biter

## SERRANO MAKI

Laks, mango, chillimayones, serrano skinke

Allergener: F,SE,E,

kr. 185,-



## FUDZIJAMA MAKI

Laks, crabstick, masago, agurk, chillimayones

Allergener: F,SK,SE,E,G

kr. 170,-



## SPECIAL FUTOMAKI

Laks, crabstick, kremost, avocado.

Allergener: F,SK,S,SE,E,M,G

kr. 185,-



## CRISPY LAKS

Tempura laks, chillimayones, vårløk, ingefær

Allergener: G,F, S,SE, E

kr. 160,-



## PHILADELPHIA MAKI

Laks, avocado, agurk, kremost

Allergener: F, SE, M

kr. 165,-



ALASKA MAKI Laks, avocado,  
masago, agurk

Allergener: F, SE

kr. 180,-



## TRØFFEL MAKI

Laks, avocado, trøffel dressing,  
lakserogn, agurk, røkt unagi.

Allergener: F, SE, E, M, S

kr. 185,-



## MANGO MAKI

Laks, mango, vårløk, chillimayones

Allergener: F, SE, E

kr. 175,-



# SASHIMI

SASHIMI 3 BITER:

Laks kr. 60,-  
Tuna kr. 70,-  
Scampi kr. 60,-  
Kamskjell kr. 70,-  
Kveite kr. 70,-

SASHIMI MIX 12 BITER

kr. 230,-  
8 laks, 1 tuna, 1 scampi,  
1 kveite, 1 kamskjell  
Allergener: F, SK

SASHIMI LAKS 10  
BITER / kr. 200,-

# SMÅRETTER

EDAMAME BØNNER MED HAVSALT

kr. 80,-

SPICY EDAMAMEBØNNER

kr. 85,-

Allergener: S, SE, G

GYOZA MED KYLLING 6 stk.

Allergener: G, SE

kr. 95,-

TEMPURA SCAMPI 3 stk.

Allergener: G, SK, S

2 stk. VÅRRULL MED KYLING ELLER

kr. 80,-

GRØNNSAKER

Allergener: G, F, SK

kr. 75,-

WAKAME SJØGRESS

Allergener: SE

kr. 70,-





# LANGHUS

## Ramen:

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### Tantamen

Crispy Duck, nori, egg, mais, vårløk, shitakesopp, eggnudler, sesam.

Allergener: S, G, E, SE.

kr . 210,-

### Shoyu Ramen

**Kan også lages med fisk!  
spør oss :)**

Kylling, egg, nori, eggnudler, shitakesopp, mais, vårløk

Allergener: S,G,E,SE,

kr. 200,-

### Tantamen Vegetar

Spicy tofu, egg, eggnudler, shitakesopp, vårløk, mais.

Allergener: S,E,G,SE.

kr. 210,-

### Dumplings (Pelmeni)

Allergener: G,E,M,S.

#### Kylling:

kokte/stekte 10 stk 75,-kr/85,-kr

kokte/stekte 15 stk 105,- kr/115,-kr



#### Biff :

kokte/stekte 10 stk 75,-kr/85,-kr

kokte/stekte 15 stk 105,-kr/115,-kr,-

# SUSHI TERIA

[www.sushiteria.no](http://www.sushiteria.no)

